

# ***FORGIVING THE HARDEST PERSON TO FORGIVE – YOU***

## ***Psalm 32:1-7***

*How blessed is he whose transgression is forgiven,  
Whose sin is covered!*

*2*

*How blessed is the man to whom the Lord does not impute iniquity,  
And in whose spirit there is no deceit!*

*3*

*When I kept silent about my sin, my body wasted away  
Through my groaning all day long.*

*4*

*For day and night Your hand was heavy upon me;  
My vitality was drained away as with the fever heat of summer. Selah.*

*5*

*I acknowledged my sin to You,  
And my iniquity I did not hide;  
I said, "I will confess my transgressions to the Lord";  
And You forgave the guilt of my sin. Selah.*

*6*

*Therefore, let everyone who is godly pray to You in a time when You may be  
found;*

*Surely in a flood of great waters they will not reach him.*

*7*

*You are my hiding place; You preserve me from trouble;  
You surround me with songs of deliverance. Selah.*

***David in Psalm 31 shows us how to get forgiveness from God and how to forgive ourselves.***

***I      Feeling Forgiven Won't Happen Until You Are \_\_\_\_\_***

*Psalm 32:3-4*

***You Shouldn't Forgive Yourself If You Haven't been \_\_\_\_\_ by God.***

**II        \_\_\_\_\_ Head On Whatever You Have Done Wrong**

*Psalm 32:2,5*

**“No deceit.”**

**III    Let It \_\_\_\_\_**

**Acknowledge means to \_\_\_\_\_ it (Psalm 32:5)**

**IV    Take Responsibility for What you Did Wrong, But Not for What you \_\_\_\_\_.**

**You \_\_\_\_\_ feel guilty for what you did wrong. That’s true guilt or conviction.**

**V     Stop Listening to Satan’s \_\_\_\_\_**

**Freedom will escape you unless you stop listening to Satan’s Lies and start \_\_\_\_\_ God’s Word.**

**VI    Stake It All On God’s \_\_\_\_\_**

**Don’t Trust Your \_\_\_\_\_**

*Psalm 32:8*

**When you fail to forgive yourself, you are \_\_\_\_\_ God’s Word. You are saying, “I don’t \_\_\_\_\_ it.”**

**VII   \_\_\_\_\_ Will Bring You Protection From Wrong Feelings**

*Psalm 32:6-7*

**“Mighty waters” means...**

**VIII \_\_\_\_\_ God for His Forgiveness**

*Psalm 32:7*

**As you get your eyes on God you get your eyes off of \_\_\_\_\_.**

**Beginning thanking God for:**

*1 John 1:9*

*Romans 8:1*

*Psalm 32:11*

**Rejoicing is the result of \_\_\_\_\_ your sins are forgiven**

**IX Make the \_\_\_\_\_ Connection**

*Psalm 32:10*

**You can forgive yourself because God has forgiven you when you \_\_\_\_\_.**

**X Consider the \_\_\_\_\_ of Not Forgiving Yourself**

*Psalm 32:1-2*

**Blessed means...**

**XI Make Any \_\_\_\_\_ You Need to Make**

**Until you \_\_\_\_\_ What is Right, you will Never \_\_\_\_\_  
Right.**