1. FASTING: WHAT IS IT?

When you look at the passages that directly related to fasting they all are referring to fasting in its primary sense – abstinence from
There are several types of fasts that we see in the Bible.
1)
2)
3)
4)
5)
6)
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2. FASTING: WHY DO IT?
JesusHis followers to fast!
3. FASTING: HOW TO DO IT?
6 simple steps on how to start fasting.
1.
2.
3.
4.
5.
6.
What will this look like for you?
That's up to you and! about it!
They KEY is taking the that you would normally spend on
those things and use it for our Missions Weekend



For more information on Calvary Baptist Church and its ministries check us out online at:

www.cbcarcadia.org

We invite you to join us Sundays at 10:45!

We are located at:

1509 E. Oak Street Arcadia, FL 34266